



# 2023 UC MOVES CHALLENGE

**REGISTRATION** Opens April 19 • **CHALLENGE** Runs May 1 - 28

**Move into Summertime. Represent your UC Location in the 2023 systemwide 4-week movement and activity challenge.**



Join our team to represent UCM in the UC Moves Into Summertime Challenge and for a chance to win raffle prizes.



Record daily physical activity starting May 1 with your favorite tracker or on your mobile or desktop device.

For more information about all UCM Moves More offerings, visit  
[hr.ucmerced.edu/hr-units/benefits/wellness/uc-move-challenge](https://hr.ucmerced.edu/hr-units/benefits/wellness/uc-move-challenge)

Register starting April 19 at  
<https://ucmoves.summertimechallenge.com>

**UC Merced**



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